



SOUTH SIDE NETWORK FOR HEALTHY FAMILIES & BABIES

Building a Community Where All Babies Thrive

APRIL MONTHLY E-NEWS

HAPPY SPRING!

The weather is getting warmer, and the sky is getting bluer. Spring is here! This is a good time to get out, enjoy the weather and of course spread the word about infant mortality on the South Side. Let us use every opportunity we have to let clients, neighbors, and family know how to protect our babies!

Please also take the time out, if you have not already, to get up to date on your vaccinations. As you may have heard, there have now been over 100 cases of Mumps reported in Franklin County and it has spread beyond the campus of OSU.

So you may be asking yourself how this relates to infant mortality. Well, prevention of infectious disease is one major way we can protect babies.

Prevention of Mumps:

1. Get up to date on your Measles Mumps Rubella (MMR) vaccine.
2. Cover your cough or sneeze.
3. Wash your hands frequently with soap and water.

What to Do if You Become Infected with Mumps:

1. Contact your medical provider
2. Stay at home for five days after symptoms begin.
3. Cover your cough or sneeze.
4. Wash your hands frequently with soap and water.

For more information on how to protect yourself, your family, and your community from mumps, views the Centers for Disease Control and Prevention's information page <http://www.cdc.gov/mumps/index.html>.

Free Immunization Clinics at Franklin County Job & Family Services Opportunity Centers *(for those who qualify)*

- North (1721 Northland Park Avenue) - 1st and 4th Tuesday of the month, 1:00 AM-4:00 PM.
- East (1055 Mt. Vernon Avenue) - 2nd Tuesday of the month, 10:00 AM-1:00 PM.
- West (314 N. Wilson Road) - 3rd Tuesday of the month, 10:00 AM-1:00 PM.

Clinic Details: No appointment necessary; All infant vaccines provided (you must bring child's immunization record); Free Kroger gift cards available for guardians who get their child updated on vaccines; Tdap and flu vaccines available for adults; No cost; if you have insurance it

"Babies are such a nice way to start people."

— Don Herold

LOCAL IM HEADLINES

- [Columbus funding effort to reduce infant mortality](#) (The Columbus Dispatch)
- [Second Fire At Home Where Infant Died Ruled Arson](#) (NBC4i)
- [Four 'hot spots' have higher infant mortality rates](#) (ThisWeek Community News)

NEXT MEETING

Date: April 15, 2014

Place: Barack Recreation Center
• 580 E Woodrow Ave,
Columbus, OH 43207

Time: 6:00-8:00pm

Phone:(614) 645-3610

Please RSVP to tnscales@columbus.gov

SAVE THE DATE

South Side Area Health Advisory Committee Meeting

Meetings led by Columbus Public Health to discuss health related issues and share information. All are welcome to attend. Free parking in lot just to the north of the building.

When: Thu, April 17, 6:00pm –

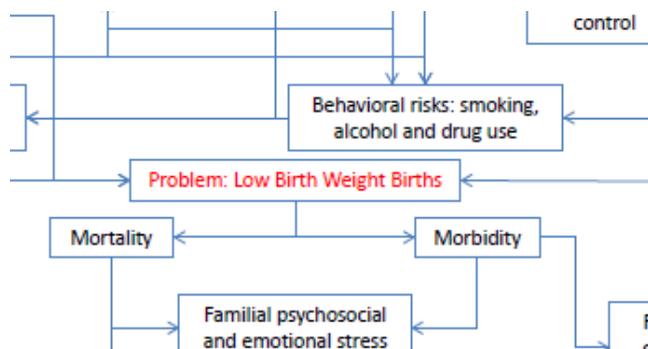
may help us cover costs.

7:30pm

Where: CD4AP, 946 Parsons Ave., Columbus OH ([map](#))

DATA NEWS

During our February meeting, the community team broke up into smaller groups to complete problem maps. Once the group maps were complete, the core team put them together into one large community map. The results were discussed at the March meeting. This problem map shows the problem of low birth weight births and their precursors and consequences as seen by residents, community members, and community organizations and businesses of the South Side. Click on the problem map below to see a completed version.



As we move forward, we will use this problem map to guide us toward interventions that focus on these issues.

March of Dimes March for Babies - Greater Columbus 2014

Date: Sunday, April 27, 2014

Time: 10:00AM

Registration Time: 9:00AM

Where: Resolute Athletic Complex
3599 Chiller Ln
Columbus, OH 43219

Join the South Side Network for Healthy Families & Babies Team!

LOCAL, STATE, AND NATIONAL INITIATIVES

Local

Join the South Side Network for Healthy Families & Babies as we walk in the March of Dimes' Greater Columbus March for Babies 2014!

Date: Sunday April 27, 2014

Time: 10:00AM

Registration Time: 9:00AM

Where: Resolute Athletic Complex

3599 Chiller Lane

Columbus, Ohio 43219

To register <http://www.marchforbabies.org/team/t2233515>

April is Minority Health Month

In 2000, Minority Health Month became a national celebration. The goals of the month are to provide crucial information to allow individuals to practice disease prevention, promote healthy lifestyles, showcase the resources for and providers of grassroots healthcare and information, highlight the resolution of disparate health conditions between Ohio's minority and non-minority populations, and gain additional support for on-going efforts to improve minority health year round.

For a list of events around the city, click [here](#).

New South Side WIC Location Now Open

WIC is a supplemental nutrition program for Women (pregnant, postpartum and breastfeeding), Infants, and Children up to 5 years old. WIC provides nutrition education,

nutritious foods, breastfeeding education and support.

The new South Side location is open. It is at 1905 S Parsons Avenue. The phone number is (614) 645-3131.

For more information about how to get WIC for your family, please call 614-645-3131 or go to their website <http://www.columbus.gov/women-infants-and-children.aspx>

Greater Columbus Infant Mortality Task Force Invites You to Give Feedback

You are invited to participate in a workshop designed for the Greater Columbus Infant Mortality Task Force to learn more about how infant mortality is impacting your community, what is working well to help babies thrive, what could be improved and your specific ideas for working together on potential solutions. Each workshop will be summarized and shared with the Infant Mortality Task Force members.

Space is still available but you must email [Amanda Wurst](mailto:awurst@paulwerth.com) at awurst@paulwerth.com to RSVP

Thursday, April 3, 6-7:30 p.m. (a light dinner will be provided)
John R. Maloney Health Center
1905 Parsons Avenue

A project of Columbus Public Health
240 Parsons Ave, Columbus, OH 43215
<http://www.publichealth.columbus.gov>

Questions? Contact Tiffani Scales at tnscales@columbus.gov or 614-645-1478



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